

ALEXIS BAXTER
LICENSED
COSMETOLOGIST
HEAD HEALER
HAIR LOSS 1ST
RESPONDER



Cosset BEAUTY
LOUNGE

4 Step Treatment System

ALEXIS BAXTER LICENSED COSMETOLOGIST HEAD HEALER HAIR LOSS 1ST RESPONDER

STEP 1 (30) mins *Hair and Scalp Analysis*

A hair and scalp analysis allows us to see the state of your scalp up close. We used a magnified scope to assess the condition of your skin, the density of your hair and view your hair follicles. Our findings help us guide you to a solution specific for you.

STEP 2 *Scalp Treatments*

*Includes Scalp Scrubber

Scalp Exfoliation (30) mins *Scalp Exfoliations*

Scalp exfoliation involves using physical or chemical exfoliants to remove excess skin cells, oil, and dandruff. Many hair experts maintain that regular scalp exfoliation is the key to healthier, shinier hair from the roots to the tips. It removes scalp buildup, allowing our natural oils to keep the hair and scalp nourished and healthy. Our natural sebum keeps everything in check, preventing dry scalp.

Rice Mask - Brighten and soften with nutrient rich Rice! This classic mask featuring Rice Bran Water packed with Vitamin E and antioxidants, gently exfoliates the skin while brightening and softening the scalp for a clear and hydrated complexion.

Honey Sugar Moisturize & exfoliate with the Honey Sugar Food Mask! Featuring 9.29% Manuka Honey + Acacia Honey to moisturize and soothe and Black Sugar to gently exfoliate for soft, nourished healthy scalp.

Strawberry Sugar Cleanse Pores and Exfoliate with Strawberry Sugar Food Mask! Rich in antioxidants, Strawberry Fruit Extract and 36% Black Sugar gently exfoliates and purifies pores for a smooth and hydrated complexion.

Apple Cider Vinegar It has both antibacterial and anti-fungal properties so it will treat common scalp conditions caused by those factors, like dandruff, acne, or folliculitis. It also has anti-inflammatory and antioxidant properties with an acidic pH will help to remove product buildup by gentle exfoliation.

Scalp Mask (30) mins

Scalp Masks

Healthy hair starts with a healthy scalp. Our Scalp Mask is highly concentrated in active ingredients to help restore balance and purify your scalp with a micro-exfoliating texture, leaving your scalp soothed and refreshed without buildup or residue. It also perfectly prepares your hair for the shampoo and conditioner to come.

- **Charcoal Coconut Oil Activated Charcoal**, also called activated carbon, is a fine black powder that is produced when common charcoal is exposed to high heat. This exposure creates tiny internal spaces or holes in the charcoal, making it highly absorbent and able to trap chemicals and toxins.
- **Lavender Sea Salt** Hydrate and Soothe with the Lavender Food Mask! This jelly-type mask hugs the scalp with 10% Lavender Flower Water (anti-inflammatory) and Panthenol (humectant) to moisturize and protect the skin barrier leaving it soft and bouncy.
- **Apricot** Calm & Purify with the Apricot Food Mask! This cream type mask calms troubled and irritated scalp with 10% Apricot Extract and Calamine to soothe sensitized scalp. Added Kaolin helps to absorb excess sebum for purified and clear scalp.
- **Pear- Mint Cleanse & Refresh** with the Pear Mint Food Mask! This clay-type mask contains 10% Pear Extract, 5% Mint Complex, and Kaolin to draw out impurities and excess sebum while nourishing & cooling heated scalp leaving it feeling clean and soft.

Ozone Steam Treatment (1 hour) *Ozone Treatment*

Ozone treatment is a scalp and hair procedure which converts oxygen (O₂) into ozone (O₃) and diffuses into the hair shaft and strengthens hair follicles. This treatment process addresses common hair problems including hair loss, hair breakage, dandruff, premature graying

- Detox Treatment
- Seborrheic Dermatitis
- Scalp Psoriasis
- Severely Dry Scalp

STEP 3 *Hair Treatments*

*Includes Mineral Steam & Scalp Massage

Tea Baths (15 mins) *Tea Baths*

Not only does tea keep your hair from falling out, but it can also help it grow! The caffeine works to stimulate the hair follicles, increase circulation, and blood flow to your scalp. This stimulation encourages hair growth in a healthy, natural way that will not leave your scalp feeling angry and irritated

- **Herbal Detangler**- natural organic herbal hair rinse made with specially selected organic herbs and botanicals to help decrease tangles naturally. No synthetic ingredients that can damage hair and cause build-up. Marsh Mallow, burdock root, flaxseed and hibiscus are rich in mucilage which provides slip to help detangle, condition, and moisturize hair. Basil adds luster and shine to dull hair Rosemary helps condition hair and scalp

- **Dandruff Blend**- natural organic herbal hair rinse designed to relieve flakiness and calm the itchy scalp. This blend of specially selected organic herbs and botanicals will help soothe the irritated and inflamed scalp from conditions such as dandruff and seborrheic dermatitis. Burdock helps soothe irritated scalp conditions like dandruff, decrease breakage and repair hair while adding sheen. Thyme has antiseptic and anti-fungal properties that cleanse, heal, and soothe the scalp. Peppermint leaves are widely recognized for their anti-inflammatory, antibacterial and astringent properties Chamomile promotes healthy hair growth by correcting issues with scalp inflammation
- **Shedding Blend**- natural organic herbal hair rinse formulated for a holistic approach to scalp stimulation. This blend of specially selected organic herbs and botanicals may help with excess shedding and hair loss. Basil stimulates hair follicles, increases scalp circulation, and promotes hair growth. Fenugreek nourishes hair and stimulates blood flow to the root which helps combat hair loss. Peppermint stimulates nerve endings and increases local blood flow to the scalp. Hops help stimulate scalp circulation which helps with hair loss

Hair Masks

Hair Masks (20 mins)

Hair masks can help moisturize and nourish your hair. They are especially beneficial for dry, damaged, or frizzy hair. Some hair masks may even improve the health of your scalp and boost the strength of your hair.

- **Stimulating Hydration-** Infused with Rosemary & Peppermint. Rosemary purifies and restores hair leaving it extremely soft and more manageable and peppermint - an aroma-therapeutic scent invigorates and calms the senses, while simultaneously treating the scalp. Immediately revitalizes dry, brittle hair & Scalp. Our creamy textured, supercharged scalp and hair conditioner quickly penetrates and revitalizes the driest hair conditions while stimulating and soothing the scalp
- **Almond Butter-** Enriched with almond Butter for easy detangling. Formulated with almond Butter which noticeably softens and detangles the hair instantly, leaving it weightless, silky-smooth, and smelling delicious. The sulfate-free formula can be used daily or weekly. Our gentle, non-stripping conditioner can be used daily or weekly to soften and add natural shine to the hair.
- **Moroccan Clay-** A luxurious deep conditioner enriched with Moroccan lava clay. Designed to deeply condition, nourish and refresh your texture.
- **Keratin Restore-** An intensive mask treatment designed to create new bonds in the hair fiber and restore hair health. This deeply repairing treatment is designed to complete and maintain the structure of fragile lightened and colored hair. This conditioning mask has a rich creamy texture. Hair is left soft and rejuvenated.
- **Reconstruct-** packed with a powerful combo of amino acids and keratin technology, this treatment rebuilds and strengthens stressed strands to instantly restore hair to its healthy-looking greatness.

Capillary Cry lipolysis (Ice Therapy) (40 mins)

Ice Therapy

Capillary cry lipolysis is a revolutionary treatment to repair damaged and brittle hair. Working at extremely low temperatures, it acts on the hair from the inside to the outside, correcting and replacing the damaged fibers. This technology freezes the nutrients and the hyaluronic acid at the hair's cortex, boosting and prolonging the hair while closing the cuticles

Step 4 *Boosters*

Give your scalp the nutrients it needs to grow gorgeous tresses with these fruit & herbs for hair growth. Add these boosters to your hair or scalp treatment.

- **Aloe** It has both folic acid and B-complex vitamins that decrease the risks of balding (alopecia areata). Aloe vera can boost blood circulation, allowing the scalp to receive the nutrition it needs.
- **Lemons/oranges** Oranges are rich in Vitamin C and have antioxidant and antibacterial properties. A Vitamin C deficiency can cause hair loss or damage and it is critical in production of collagen, which strengthens the hair.
- **Bananas** They have also been proven to prevent hair loss. Known to improve the health of your scalp, bananas have Vitamin B that gives you relief from split ends and breakage of hair. Bananas are known to be great in soothing your hair from the damages caused by sun exposure, dust and pollution.
- **Avocado** Besides vitamins and minerals (including Vitamin C, iron, and biotin), avocados also contain healthy fats. The nutrients in avocado make your hair shinier, stronger, and soft.
- **Oat milk** Oat straw contains minerals such as magnesium and silica. These can both strengthen the hair, preventing hair loss.

Meet **The Owner**

ALEXIS *Baxter*



Did you think a good hair care routine is enough for healthy hair? Well, you are on the right track to keeping your luscious locs shiny and strong.

Having your hair fall out is no fun, but it can happen for a multitude of reasons. These reasons can include genetics, hormone changes, lack of certain vitamins, hair care regimens or medical conditions like thyroid disease.

Luckily, there are plenty of natural remedies to prevent thinning hair and breakage at the hair roots. Prioritize a healthy hair and scalp with these customized treatments.

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Licensed Cosmetologist | Hair Loss First Responder

